



OCONEE COUNTY LITTLE LEAGUE SAFETY PLAN

2023

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In case of an emergency dial - 911

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About Oconee County Little League

OCLL is the local league with the following affiliation:

Southeastern Region
State of Georgia
District 10

Leagues:

American
Challenger

Total Number of Teams: 77



OCONEE COUNTY LITTLE LEAGUE

Mission Statement

To provide the youth of Oconee County with a safe, wholesome and exciting athletic activity that embodies such life skills as teamwork, sportsmanship, leadership, respect, caring and good citizenship.

SAFETY PROCEDURES

Importance of Safety

The purpose of this document is to emphasize the importance of safety in the Oconee County Little League and to identify important safety issues of which all individuals involved should be aware.

Administrators, Coaches, Parents and Players should take SAFETY issues very seriously.

Little League Baseball introduced **A Safety Awareness Program (ASAP)** with the goal of re-emphasizing the position of a Safety Officer to “create awareness, through education and information, of the opportunities to provide a safer environment for kids and all participants of Little League Baseball”. This program has been very successful by dramatically decreasing little league baseball related injuries. The ASAP program qualifies this safety plan.

Including the phone list above there are several points addressed in this document in order to make it ASAP compliant. Further information beyond this document on ASAP is available by contacting the Oconee County Little League Safety Officer. In addition, this document will be distributed in hard copy to all volunteers of the Oconee County Little League. A copy will also be available at all of the fields utilized by the OCLL. Following is a list of several important features of the safety plan:

1. The Oconee County Little League shall have an active Safety Officer on file with Little League Headquarters. The Oconee County Little League safety officer for the 2023 season is Brad Register (404-849-9190). Any questions regarding this plan and Oconee County Little League safety can be directed to the Safety Officer or the League President.
2. All accidents and safety violations should be reported to the Safety Officer within 24 hours of the incident. Timely reporting of safety violations is a key factor in promptly dealing with safety issues. A report will be generated and filed by the league and reported to the District Safety Officer.
3. The safety plan herein refers to play at all of the fields utilized by the Oconee County Little League. Copies of this plan will be distributed to all Oconee County Little League Board Members and Manager/Coaches. Additional copies are available from any of the concession stands and equipment room located at the Bogart Sports complex. Further copies can be obtained directly from the Safety Officer.
4. Safety Clinics are required every year. First Aid and Safety Clinics are **mandatory** for all Board members, managers, coaches, and volunteers who will be *on the field* during practice or games. Only *CURRENT, LICENSED* M.D.s, R.N.s currently working in the ED or ICU, Licensed Certified Athletic Trainers and National Registry or Ga.

Paramedics are **exempt**. A medically trained professional who is certified to teach First Aid will teach at the safety clinic. Managers will maintain a medical information sheet on each player for emergency notification. This information should be at all practices and games.

5. All managers, coaches, Board members and any other volunteer or hired help who has repetitive access to the players and teams of the Oconee County Little League shall submit their email address to the league President and/or Coaches agent. The email address will be used to send the potential volunteer the JDP Quick Link where the potential volunteer will fill out the 2023 Little League Volunteer Application (attached) and all information needed to perform the JDP background check. The Oconee County Little League will conduct a Criminal History check on all prospective volunteers using the JDP Background Screening database. Failure to fill out the Volunteer Application will automatically deny that person membership in Oconee County Little League.
6. All managers, coaches and assistant coaches of the Oconee County Little League shall participate in fundamental coaches training. OCLL works with the Oconee County Parks and Recreation Dept. to provide national coaches certification programs for managers and coaches. Dates/locations for these clinics will be specified later in this document.
7. Prior to each game, coaches and umpires will walk the field to inspect for hazards. Coaches and/or umpires must remediate all hazardous conditions prior to the start of play.
8. Regular inspection of equipment is mandatory to ensure safety. Replacement of defective equipment must be done immediately by contacting the Equipment Manager or any league Board member. Equipment checks are done formally by three sources: 1) By the Equipment Manager at the beginning of the season and periodically throughout the year; 2) The coaches at the beginning of each game and 3) Umpires during the course of games.

Safe Playing Areas

Regular safety inspections of all fields, structures, dugouts, and equipment are the best way to eliminate preventable accidents. Managers, coaches and umpires should routinely check playing area for:

1. Holes, divots, rough/uneven surfaces, wet areas.
2. Glass, rocks, foreign objects.
3. Damage to fences including holes, sharp edges, and loose posts.
4. Unsafe conditions around backstop, pitcher's mound, warning track, and bases.
5. Proper attire must be worn at all times by the catcher including cup in bullpens, during games/practices and between innings. **THERE ARE NO EXCEPTIONS TO THIS RULE!**

Safe Equipment

All equipment shall be inspected before each use. Regular safety inspection is done before season by safety and equipment officers. Managers and coaches must also do inspection during season. This is essential to the safety of our players. Managers, coaches and umpires should:

1. Be sure all equipment is little league approved or be removed prior to use.
2. Inspect all bats, helmets (batting and catchers), chest protectors, and shin guards regularly to ensure safety. Remove damaged equipment and contact equipment officer to return and receive safe replacement.
3. Keep loose equipment stored properly.
4. Have all players remove personal jewelry.
5. Encourage parents to provide safety glasses for those players who wear glasses.
6. Contact safety/ equipment officers to repair/replace defective equipment.

SAFE COACHING PROCEDURES

Managers and coaches must:

1. Have ALL players medical release forms with you at every game and practice. If you do not have upon board member request player may be deemed ineligible.
2. Have first aid kit with you for all games and practices. If supplies are low contact safety officers immediately for new supplies.
3. Have access to a telephone at all times in case of emergency.
4. Know where nearest/safest emergency shelter is located in case of severe weather.
5. Ensure all players have followed warm-up procedures.
6. Stress importance of paying attention, no "horse playing allowed"
7. Instruct the players on proper fundamentals of the game to ensure safe participation.
8. Each practice should have at least 2 coaches in case of an emergency.
9. One player in on-deck circle at time at ALL times, if allowed (Senior League).

INCLEMENT WEATHER

Before the Storm:

1. If in doubt postpone the game. The Oconee County Parks and Recreation has authority on field usage. Check with weather hotline 706-769-2965 prior to leaving.
2. Watch for signs of an approaching storm.

Approaching Thunderstorm:

1. Take caution when you hear thunder, lightning will follow.
2. During a game, the umpire will clear the field in the event of an approaching storm.
3. Move to a safe environment immediately not under a tree or in the dugout.
4. If lightning is present and sturdy shelter not available, go to automobile; keep windows up till storm passes.
5. Stay away from water, trees, metal pipes, and telephone lines.
6. Unplug pitching machines prior to leaving.

If caught outdoors without shelter:

1. Find low spot away from trees, fences, and light/flag poles.
2. If in woods, take cover under short trees.
3. If you feel your skin begin to tingle or your hair feels like it's standing up, squat low balancing on balls of feet.
4. Make yourself as small as can be. Tuck head between legs and minimize contact with ground.

If someone is struck by lightning:

1. Call 911 immediately.
2. Person does not conduct electricity therefore you can touch them.
3. Check for burns.
4. Give first aid and CPR as needed.
5. Contact league Safety Officer and league President ASAP.

What to do if someone is struck by lightning

- ▶ **Lightning victims do not carry an electrical charge, are safe to handle, and need immediate medical attention.**
- ▶ **Call for help.** Have someone call 9-1-1 or your local ambulance service. Medical attention is needed as quickly as possible.
- ▶ **Give first aid.** Cardiac arrest is the immediate cause of death in lightning fatalities. However, some deaths can be prevented if the victim receives the proper first aid immediately. Check the victim to see that they are breathing and have a pulse and continue to monitor the victim until help arrives. Begin CPR if necessary.
- ▶ **If possible, move the victim to a safer place.** An active thunderstorm is still dangerous. Don't let the rescuers become victims. Lightning CAN strike the same place twice.



NOAA

STAY INFORMED

Listen to NOAA Weather Radio for the latest forecast and for any severe thunderstorm WATCHES or WARNINGS. Severe thunderstorms produce winds of 58 mph or greater, or hail 3/4 of an inch or larger in diameter.

A severe thunderstorm WATCH is issued when conditions are favorable for severe weather to develop.

A severe thunderstorm WARNING is issued when severe weather is imminent. National Weather Service personnel use information from weather radar, satellite, lightning detection, spotters, and other sources to issue these warnings.



NOAA WEATHER RADIO IS THE BEST WAY TO RECEIVE FORECASTS AND WARNINGS FROM THE NATIONAL WEATHER SERVICE.

Remember that all thunderstorms produce lightning and all lightning can be deadly to those outside.

Lightning Safety Awareness Week is the last full week of June. For additional information on lightning or lightning safety, visit NOAA's lightning safety web site.

<http://www.lightningsafety.noaa.gov>

or contact us at

National Weather Service
P.O. Box 1208
Gray, Maine 04039

GYX 0301 (August 2003) - Revised

Coach's and Sports Official's Guide to Lightning Safety...



NOAA

LIGHTNING... the underrated killer!

A SAFETY GUIDE

U.S. DEPARTMENT OF COMMERCE
NATIONAL OCEANIC AND
ATMOSPHERIC ADMINISTRATION

NATIONAL WEATHER
SERVICE

Gray, Maine



This safety guide has been prepared to help coaches and sports officials recognize the dangers of lightning and take appropriate safety precautions.

LIGHTNING KILLS Play It Safe !

Each year in the United States, more than four hundred people are struck by lightning. On average, about 70 people are killed and many others suffer permanent neurological disabilities. Most of these tragedies can be avoided if proper precautions are taken. When thunderstorms threaten, coaches and sports officials must not let the desire to start or complete an athletic activity hinder their judgment when the safety of participants and spectators is in jeopardy.

It is important for coaches and officials to know some basic facts about lightning and its dangers

- ▶ **All thunderstorms produce lightning and are dangerous.** In an average year, lightning kills more people in the U.S. than either tornadoes or hurricanes.
- ▶ **Lightning often strikes outside the area of heavy rain and may strike as far as 10 miles from any rainfall.** Many deaths from lightning occur ahead of storms because people wait too long before seeking shelter, or after storms because people return outside too soon.
- ▶ **If you hear thunder, you are in danger.** Anytime thunder is heard, the thunderstorm is close enough to pose an immediate lightning threat to your location.
- ▶ **Lightning leaves many victims with permanent disabilities.** While only a small percentage of lightning strike victims die, many survivors must learn to live with very serious, life-long disabilities.

To avoid exposing athletes and spectators to the risk of lightning take the following precautions

- ▶ **Postpone activities if thunderstorms are imminent.** Prior to an event, check the latest forecast and, when necessary, postpone activities early to avoid being caught in a dangerous situation. Stormy weather can endanger the lives of participants, staff, and spectators.
- ▶ **Plan ahead.** Have a lightning safety plan. Know where people will go for safety, and know how much time it will take for them to get there. Have specific guidelines for suspending the event or activity so that everyone has time to reach safety before the threat becomes significant. Follow the plan without exception.
- ▶ **Keep an eye on the sky.** Pay attention to weather clues that may warn of imminent danger. Look for darkening skies, flashes of lightning, or increasing wind, which may be signs of an approaching thunderstorm.
- ▶ **Listen for thunder.** If you hear thunder, immediately suspend your event and instruct everyone to get to a safe place. Substantial buildings provide the best protection. Once inside, stay off corded phones, and stay away from any wiring or plumbing. Avoid sheds, small or open shelters, dugouts, bleachers, or grandstands. If a sturdy building is not nearby, a hard-topped metal vehicle with the windows closed will offer good protection, but avoid touching any metal.

- ▶ **Avoid open areas.** Stay away from trees, towers, and utility poles. Lightning tends to strike the taller objects.
- ▶ **Stay away from metal bleachers, backstops and fences.** Lightning can travel long distances through metal.
- ▶ **Do not resume activities until 30 minutes after the last thunder was heard.**
- ▶ **As a further safety measure, officials at outdoor events may want to have a tone-alert NOAA Weather Radio.** The radio will allow you to monitor any short-term forecasts for changing weather conditions, and the tone-alert feature can automatically alert you in case a severe thunderstorm watch or warning is issued. To find your nearest NOAA weather radio transmitter, go to <http://www.nws.noaa.gov/nwri/> and click on "Station Listing and Coverage."

If you feel your hair stand on end (indicating lightning is about to strike)

- ▶ **Crouch down on the balls of your feet, put your hands over your ears, and bend your head down.** Make yourself as small a target as possible and minimize your contact with the ground.
- ▶ **Do not lie flat on the ground.**



NOAA

TEN COMMANDMENTS OF SAFETY

- I. BE ALERT
- II. CHECK PLAYING FIELD FOR SAFETY HAZARDS
- III. WEAR PROPER EQUIPMENT
- IV. ENSURE EQUIPMENT IS IN GOOD SHAPE
- V. ENSURE FIRST AID IS AVAILABLE
- VI. MAINTAIN CONTROL OF THE SITUATION
- VII. MAINTAIN DISCIPLINE
- VIII. SAFETY IS A TEAM SPORT
- IX. BE ORGANIZED
- X. HAVE FUN

VOLUNTEER REQUIREMENTS

All managers, coaches, Board members and any other volunteer or hired help who has repetitive access to the players and teams of the Oconee County Little League shall submit their email address to the league President and/or Coaches agent. The email address will be used to send the potential volunteer the JDP Quick Link where the potential volunteer will fill out the 2023 Little League Volunteer Application (attached) and all information needed to perform the JDP background check. The Oconee County Little League will conduct a Criminal History check on all prospective volunteers using the JDP Background Screening database. Failure to fill out the Volunteer Application will automatically deny that person membership in Oconee County Little League.

Little League® Volunteer Application – 2023

Do not use forms from past years. Use extra paper to complete if additional space is required.

This volunteer application should only be used if a league is manually entering information into JDP or an outside background check provider that meets the standards of Little League Regulations 1(c)9. THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP QUICKAPP. Visit LittleLeague.org/localBGcheck for more information.

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO COMPLETE THIS APPLICATION.

All RED fields are required.

Name _____ Date _____
First Middle Name or Initial Last

Address _____
City State Zip

Social Security # (mandatory) _____

Cell Phone _____ Business Phone _____
 Home Phone: _____ E-mail Address: _____

Date of Birth _____
 Occupation _____
 Employer _____
 Address _____
 Special professional training, skills, hobbies: _____
 Community affiliations (Clubs, Service Organizations, etc.): _____
 Previous volunteer experience (including baseball/softball and year): _____

1. Do you have children in the program? Yes No
 If yes, list full name and what level? _____

2. Special Certification (CPR, Medical, etc.)? If yes, list: _____ Yes No

3. Do you have a valid driver's license? Yes No
 Driver's License#: _____ State _____

4. Have you ever been charged with, convicted of, plead no contest, or guilty to any crime(s) involving or against a minor, or of a sexual nature? Yes No
 If yes, describe each in full: _____
 (If volunteer answered yes to Question 4, the local league must contact Little League International.)

5. Have you ever been convicted of or plead no contest or guilty to any crime(s)? Yes No
 If yes, describe each in full: _____
 (Answering yes to Question 5, does not automatically disqualify you as a volunteer.)

6. Do you have any criminal charges pending against you regarding any crime(s)? Yes No
 If yes, describe each in full: _____
 (Answering yes to Question 6, does not automatically disqualify you as a volunteer.)

7. Have you ever been refused participation in any other youth programs and/or listed on any youth organization ineligible list? Yes No
 If yes, explain: _____
 (If volunteer answered yes to Question 7, the local league must contact Little League International.)

In which of the following would you like to participate? (Check one or more.)

League Official Umpire Manager Concession Stand
 Coach Field Maintenance Scorekeeper Other _____

Please list three references, at least one of which has knowledge of your participation as a volunteer in a youth program:
Name/Phone

IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: LittleLeague.org/RpStateLaws

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me now and as long as I continue to be active with the organization, which may include a review of sex offender registries (some of which contain name only searches which may result in a report being generated that may or may not be me), child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Signature _____ Date _____
 If Minor/Parent Signature _____ Date _____
 Applicant Name (please print or type) _____

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

LOCAL LEAGUE USE ONLY:

Background check completed by league officer _____ on _____

System(s) used for background check (minimum of one must be checked):
Review the Little League Regulation 1(c)9 for all background check requirements

JDP (Includes review of the U.S. Center of SafeSport's Centralized Disciplinary Database and Little League International Ineligible/Suspended List) **OR**

National Criminal Database check U.S. Center of SafeSport's Centralized Disciplinary Database and Little League International Ineligible/Suspended List
 National Sex Offender Registry

*Please be advised that if you use JDP and there is a name match in the few states where only name match searches can be performed you should notify volunteers that they will receive a letter or email directly from JDP in compliance with the Fair Credit Reporting Act containing information regarding all the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.

Last Updated: 1/4/23

PRE-SEASON COACHING REQUIREMENT
OCONEE COUNTY LITTLE LEAGUE

NOTICE TO ALL MANAGERS AND COACHES

The requirements to coach in OCLL are as follows:

1. Complete a 2023 Little League Volunteer Application and submit information required for a background check using the JDP background screening database.
2. Complete a Fundamental Coaches Clinic by a recognized program or provided by OCLL prior to practice starting.
3. Complete a First Aid/Safety Clinic provided by OCLL prior to practice starting. The ASAP Safety Program requires at least one participant per team to attend clinic provided by OCLL. OCLL prefers all volunteers to attend.

To be exempt from taking Coaches Clinic, the OCLL Coaches Agent must approve proof of a class/clinic.

To be exempt from First Aid/Safety Clinic: Only CURRENT, LICENSED PHYSICIANS, PHYSICIAN ASSISTANTS, RNs currently working in ED or ICU and National Registry or Georgia Licensed Paramedics are exempt. You must contact Safety Officer, Brad Register, prior to exemption.

ALL Coaches must download, read, understand and adhere to 2023 OCLL Safety Program. This should answer all of safety questions throughout the season. It is located on OCLL website.

OCONEE COUNTY LITTLE LEAGUE CODE OF CONDUCT

The Oconee County Little League Board of Directors has mandated the following Code of Conduct.

All managers and coaches will read the Code of Conduct and sign in the space provided, acknowledging that he or she understands and agrees to comply with the Code of Conduct. Please return signed copy with Volunteer Application at registration or to appropriate to VP. Return these copies to the Safety Officer.

Oconee County Little League Code of Conduct

No Board Member, Manager, Coach, Player or Spectator shall at any time:

1. Lay a hand upon, push, shove, strike, or threaten an official.
2. Be guilty of heaping personal verbal or physical abuse upon an official.
3. Be guilty of an objectionable demonstration of dissent at an official's decision by throwing of gloves, helmets, hats, balls, bats or any forceful unsportsmanlike action.
4. Be guilty of using unnecessarily rough tactics in the play of a game against the body of an opposing player.
5. Be guilty of a physical attack upon any board member, official manager, coach, player or spectator.
6. Be guilty of the use of profane obscene or vulgar language in any manner at any time.
7. Appear on the field of play, stands, or anywhere on the Little League complex while in an intoxicated state.
8. Be guilty of gambling upon any play or outcome of any game with anyone at any time.
9. Smoke while in the stands or on the playing field or in any dugout. Smoking will only be permitted in designated areas.
10. Be guilty of publicly discussing with spectators in a derogatory or abusive manner any play, decision or a personal opinion on any players during the game.
11. As a manager or coach, be guilty of mingling with or fraternizing with spectators during the course of the game.
12. Speak disrespectfully to any manager, coach, official, or representative of the league.
13. Be guilty of tampering or manipulating any league rosters, schedules, draft positions, or selections, official score books, rankings, financial records or procedures.
14. Challenge an umpire's authority. The umpires shall have the authority and discretion during a game to penalize the offender according to the infraction up to and including expulsion from the game.

The Board of Directors will review all infractions of the Code of Conduct. Depending on the seriousness or frequency, the board may assess additional disciplinary action up to and including expulsion from the league.

I have read the Oconee County Little League Code of Conduct and Safety Program and promise to adhere to its rules and regulations. I will return all leased equipment within 14 days of my last scheduled event to the Equipment Room.

Print Manager name

Team name and division

Manager signature

Date

Coach #1

Coach #2

TRAINING

Fundamental Coaches Clinic

All Managers and Coaches of the Oconee County Little League shall participate in Fundamental coaches training. OCLL works with local high school coaches to provide high-level baseball specific instruction for managers and coaches.

First Aid and Safety Clinic

Safety Clinics are required every year. First Aid and Safety Clinics are mandatory for all Board members, managers, coaches, and volunteers who will be on the field during practice or games. Only CURRENT LICENSED PHYSICIANS, PHYSICIAN ASSISTANTS, RN's working in the ED or ICU, and National Registry or Georgia Paramedics are exempt. Exemptions must be cleared through Safety Offices prior to Safety Clinic. A medically trained professional who is certified to teach First Aid will teach classes. Managers will maintain a medical release form on each player at all times for emergency notification.

ALL coaches should read and be familiar with the first aid handouts distributed at the Safety Clinic.

The Coaches Clinic and First Aid/Safety Clinic will be held Saturday, January 28, 2023 at the Watkinsville First Baptist Church from 9am - 11am.

Safety Training for Coaches

All coaches are required to complete the safety training at www.coachsafely.org. The mission of the CoachSafely Foundation is to limit youth sports-related injuries through research, advocacy and education of coaches, parents, physical educators and other influential figures in young athletes' lives.

CPR/ AED

Periodically, Little League International and Oconee County Little League will hold additional coaches training clinics during the season. Contact league officials for more information. There may be a voluntary CPR/AED class offered prior to the first games played.

AEDs are available for use at the Bogart Sports Complex, Oconee Veteran's Park, and Herman C. Michael Sports Complex.

UMPIRE REQUIREMENTS

All umpires are expected to participate in pre-season rules and umpire clinics at the local and/or district level.

All coaches and umpires should be familiar with Little League and OCLL league safety, playing rules and procedures. These are distributed to all managers, coaches and umpires at the season beginning and are available through the board of directors.



A Parent's Guide to the Little League Child Protection Program

Introduction

The backbone of Little League® is the adult volunteer. One million strong, it is this corps of dedicated people who coach the teams, umpire the games, work in the concession stands, serve on the local board of directors, and serve at the District level. These people, who live in every U.S. state and more than 100 other countries, make Little League the world's largest and most respected youth sports organization.

We know that the greatest treasure we have is children. As adults, we must ensure that these young people are able to grow up happy, healthy and, above all, safe. Whether they are our children, or the children of others, each of us has a responsibility to protect them.

The Little League Child Protection Program seeks to educate children and volunteers in ways to prevent child abusers from becoming involved in the local league. Part of that education has been to assist local Little League volunteers in finding effective and inexpensive ways to conduct background checks. Little League regulations now say: "No local league shall permit any person to participate in any manner, whose background check reveals a conviction for any crime involving or against a minor." (Reg. I [c] 9.)

Background checks were optional until the 2003 season. Effective in 2007, the local league must conduct a nationwide search that contains the applicable government sex offender registry data. Advances in computer technology – allowing greater access to public records – make it possible for background checks (at a minimum, to see if an individual is a registered sex offender in any given state) to be conducted in every U.S. state. Local Little League programs are now *required* to annually conduct a background check of Managers, Coaches, Board of Directors members and any other persons, volunteers or hired workers, who provide regular service to the league and/or have repetitive access to, or contact with, players or teams. (Reg. I [b], Reg. I [c] 9.)

The purpose of these background checks is, first and foremost, to protect children. Second, they maintain Little League as a hostile environment for those who would seek to harm children. Third, they will help to protect individuals and leagues from possible loss of personal or league assets because of litigation.

The United States Department of Justice National Sex Offender Public Registry is free and available at www.nsopr.gov.

What Can Parents Do?

Most children have been warned about the dangers of talking to strangers. But for many children, sexual molestation is committed by someone they know. In fact, 80 to 85 percent of all sexual abuse cases in the U.S. are committed by an individual familiar to the victim, according to statistics compiled by Big Brothers & Big Sisters of America.

The truth is, child sex offenders can come from every background, every occupation, every race, and every level of education. They may be married, and they may have children of their own. It is dangerous to believe that the only threat is the stranger in a long raincoat, lurking behind a tree.

In fact, the promotion of this myth may contribute to the problem. Sometimes, a child who is molested by a known and "trusted" person will feel so guilty about not reacting the "right" way that he or she never reports the problem.

Sadly, we have all seen too many reports in which teachers, police officers, clergy, youth sports volunteers, etc., trusted by all, have violated that trust and molested children in their care. Of course, this must never be tolerated in Little League or anywhere else.

In many of these situations, the young victims are actually seduced, sometimes over a period of months or even years. The child's family is lulled into believing the unusual attention being lavished is a bond of friendship between the adult and the child. In fact, the adult abuser often uses gifts, trips, attention and affection as part of a courtship process. Sometimes, the courtship process extends to the child's parent(s), but the real target is the child.

Often, but not always, the victim of this type of child sex offender is the child of a single parent. In these cases, the single parent sees the child's adult friend as a surrogate parent – a Godsend. The very opposite is true.

Two good rules of thumb for all local Little Leagues and parents

Generally, a person involved in a local Little League program should not put himself or herself in a one-on-one situation involving a child who is not their own. Of course, some isolated situations may arise where one-on-one situations could take place. However, a one-on-one situation should not be actively *sought out* by the adult, and should not be an ongoing occurrence.

- Generally, a person involved in a local Little League program should not provide unwarranted gifts, trips, attention and affection to individual children who are not their own. The key word is *unwarranted*.

Warning Signs of a Seducer

While it remains important to teach young children about the dangers of accepting items from strangers, or talking to them, we should all beware of the danger posed by the "seducer-type" child sex offender.

Each of the individual signs below means very little. Taken as a group, however, the signs *MAY* point to this type of child sex offender, and should be applied to anyone who has repetitive access to, or contact with, children.

- Provides unwarranted gifts, trips, affection and attention to a specific child or small group of children
- Seeks access to children
- Gets along with children better than adults
- "Hangs around" children more than adults
- Has items at home or in vehicle specifically appealing to children of the ages they intend to molest, such as posters, music, videos, toys, and even alcohol or drugs
- Displays excessive interest in children (may include inviting children on camping trips or sleepovers)
- Single, over 25 years old (but could be married, sometimes as a "cover," and could be any age)
- Photographs or videotapes children specifically
- Lives alone, or with parents
- Refers to children as objects ("angel," "pure," "innocent," etc.)
- Manipulates children easily

Again, each of these items, by themselves, is relatively meaningless. Taken together, however, they may indicate a problem.

What to Watch For in Your Child

We've seen the signs that could point to a child sex offender, but what about the signs a child might display when he or she has been sexually abused or exploited? Some of these symptoms may be present in a child who has been or is being sexually abused, when such symptoms are not otherwise explainable: sudden mood swings, excessive crying, withdrawal, nightmares, bed-wetting, rebellious behavior, fear of particular people or places, infantile behavior, aggressive behavior, and physical signs such as pain, itch, bleeding, fluid or rawness in private areas.

Getting More Information

These items are meant solely as a general guide, and should not be used as the only means for rooting out child sex offenders. Parents can access more information on child abuse through the National Center for Missing and Exploited Children (a non-profit organization founded by John Walsh, <http://www.missingkids.com/>) and the National Clearinghouse on Child Abuse and Neglect

Information (part of a service of the Children's Bureau, within the Administration on Children, Youth and Families, Administration for Children and Families, U.S. Department of Health and Human Services, <http://www.calib.com/nccanch/>).

How to Report

Suspected Child Maltreatment

The National Clearinghouse on Child Abuse and Neglect Information advises this: If you suspect a child is being maltreated, or if you are a child who is being maltreated, call the Childhelp USA National Child Abuse Hotline at 1-800-4-A-CHILD (1-800-422-4453; TDD [text telephone] 1-800-2-A-CHILD). This hotline is available 24 hours a day, seven days a week. The Hotline can tell you where to file your report and can help you make the report.

Or, for a list of states' toll-free telephone numbers for reporting suspected child abuse, visit the "Resource Listings" section at this site: <http://www.calib.com/nccanch/pubs/prevenres/organizations/tollfree.cfm>, or call the Clearinghouse at 1-800-FYI-3366.

Talk to Your Kids; Listen to Your Kids

It is important that you as a parent talk frankly to your children. If a child reports sexual abuse, statistics show he or she is probably telling the truth.

Unfortunately, the sexually molested child often sees himself or herself as the one "at fault" for allowing abuse to happen. Your children **MUST** know that they can come to you with this information, and that you will support them, love them, and *believe* them.

If there is an allegation of sexual abuse of a minor, the crime should be reported immediately. These criminals who steal childhood **MUST BE STOPPED**.

This brochure was produced by Little League Baseball, Incorporated; P.O. Box 3485; Williamsport, PA 17701

Little League Baseball and Softball does not limit participation in its activities on the basis of disability, race, creed, color, national origin, gender, sexual preference or religious preference.

Player Safety

All *Little League Rules and Regulations*, both playing rules and safety rules, shall be enforced at all times whether practice or games. Little League rule books are supplied to all coaches prior to the season. It is important to read and review the rules each season as many of them pertain to player safety, including the following: catchers wearing the proper safety equipment during both pitcher warm up and during infield drills both at practice and games.

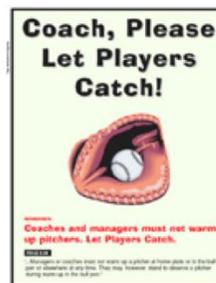
Players will be instructed in proper stretching and general sports health maintenance procedures, including proper throwing, fielding and hitting techniques to limit injury.

Warming Up

Warming up and swinging of bats is prohibited in all areas at the ball parks except on the fields. *Coaches, please be aware of this safety issue.*

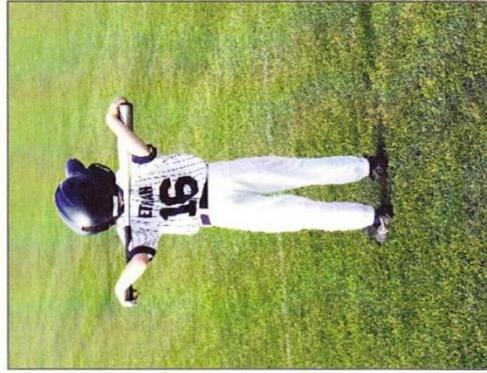


Warm-up catchers must wear catcher's helmet, facemask, and throat guard while warming up pitchers. This applies between innings, during bull-pen warm-ups and pre-game infield drills. *Rule 3.09 - Adults may NOT warm up a pitcher.* This is a safety issue for both the player and the adult.



SAFETY

YOUTH BASEBALL



PROBLEM

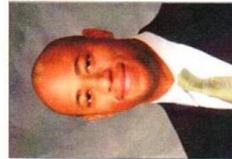
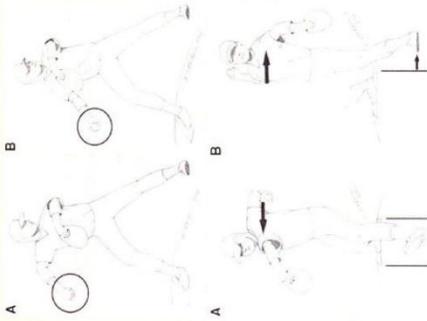
There has been a dramatic increase in the number of young throwing athletes with shoulder and elbow problems.

Repetitive overhead throwing places extraordinary strain on shoulder and elbow structures.

Overuse injuries account for the majority of these problems.

Until recently, research in youth athletics has been somewhat limited.

- Encourage and coach proper pitching techniques including "hand on top" position and closed shoulder position

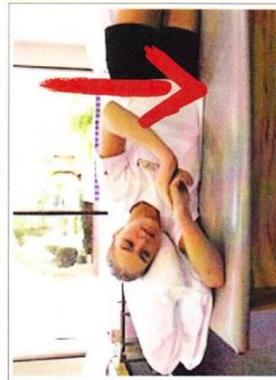


1765 OLD WEST BROAD ST
ATHENS, GA 30606
(706) 549-1663

ALONZOEXTONMD@GMAIL.COM

WAYS TO PREVENT INJURY

- Always allow time for proper warmup
- Keeping track of pitch count to conform with USA Baseball Safety and Advisory Board recommendations
- Limit overuse, by allowing for 2 month period of rest,
- Maintenance stretching program and strengthening program (sleeper stretches, rotator cuff strengthening)



POTENTIAL RISK FACTORS

- High pitch count
- Poor throwing mechanics
- Year round baseball
- Participation in multiple leagues concurrently
- Throwing breaking pitches at early age
- High velocity athletes (>80 mph)
- Continuing to throw with pain
- Improper warmup



WARNING SIGNS OF INJURY

- Frequent (daily or every event) use of anti-inflammatory medication (Ibuprofen)
- Pain at night or when not competing
- Change in velocity or control

TYPES OF OVERUSE

Year round throwing

- Less than 2 full months of rest per year

Seasonal overuse

- Routine violation of rules for maximum pitches and rest

Event overuse

- Short episode of extreme overuse (Pitching back to back days in tournament, or showcase)

AGE	PITCHES PER DAY
7-8	50
9-10	75
11-12	85
13-16	95
17-18	105

Adapted from Little League Rule Book 2009

AGE	PITCHES THROWN	REST DAYS
<14	>61	3
<14	41-60	2
<14	21-40	1
<14	1-20	0

COMMON INJURIES IN YOUTH BASEBALL

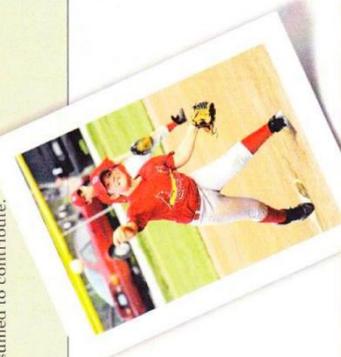
- Lacerations
- Sprains/Strains
- Head Injuries
- Fractures
- Shoulder & Elbow injuries



Shoulder and elbow injuries are directly related to overuse and to a large extent are PREVENTABLE!

PATHOLOGY

- Throwing a baseball places force across shoulder and elbow near the physiologic limits.
- Muscles in the upper extremity function as stabilizers and protectors of these joints.
- Fatigue of the muscles places the shoulder and elbow at increased risk for injury.
- Overuse is therefore a major factor in the development of shoulder and elbow injuries.
- Poor throwing mechanics have also been presumed to contribute.



Other Key Safety Issues

Rule 7.08a (sections 3, and 4) is particularly important for safety and will be vigorously enforced. A runner must slide OR avoid a fielder who has the ball and is waiting to make the tag. Except when returning to base, no head-first slides is permitted (applies to *Tee Ball*, Little League Minor, *OCLL age-9/10* and Major, *OCLL age-11/12* only). If any coach or parent is unsure of the proper interpretation of rule 7.08a, please see the Safety Officer or other league officials. Coaches shall instruct all players in safe sliding techniques as well as how to avoid a pitched ball.

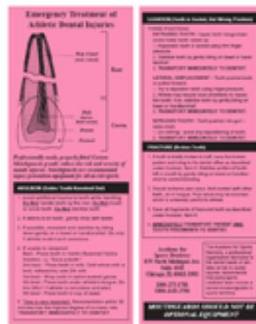
Players must not wear *watches, rings, pins, jewelry or other metallic items* by Little League Baseball/Softball rule Appendix B-Safety Code.

Managers and coaches should be *aware of dehydration*, especially on extremely hot days.



All male players are required to *wear a protective cup* at all practices and games while on the field.

OCLL *encourages the use of mouth guards* during all practices and games while on the field.



Communicable Diseases

COMMUNICABLE DISEASE PROCEDURES

While risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk that other blood born infectious diseases can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing the potential for transmission of these infectious agents should include, but not be limited to, the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood or other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all contaminated surfaces and equipment with an appropriate disinfectant before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouthguards and other articles containing body fluids.

Additional information is available from your state high school association and from the National Federation TARGET program.

FACILITIES AND EQUIPMENT

2023 Little League Facility Survey (See Attached)

Pre-Game Field Inspection

The fields and surrounding areas will be inspected on a regular basis. The field will be walked before each game by the umpire and home team manager to look for and to correct any unsafe conditions (holes, broken glass, rocks). Any field or areas used for league practices shall be inspected for unsafe conditions by coaches prior to practice.

All safety issues with the fields, which cannot be resolved at the parks, should be brought to the attention of the Safety Officer and/or President.

All bats and loose equipment must be kept off the playing fields. Organized equipment can prevent falling hazards.

Only Players, Managers, Coaches and Umpires are permitted on the playing field during play and practice sessions.

Equipment Inspection

The Safety/Equipment Officer will inspect all equipment to be issued and/or used prior to issue or use.

Coaches, Safety Officer, and Umpires are responsible for the continuous inspection of equipment whether it is league issued equipment or player brought equipment. Non-safe equipment must be removed immediately and replaced as soon as possible.

Disengaging Bases

All fields will have bases that disengage from their anchors, as required since 2008.

Speed Limits at Facilities

The speed limit at all facilities is 10 mph unless posted otherwise.

Miscellaneous

Trash - Please dispose of all trash in appropriate canisters. If canister is not provided bring trash home with you to dispose of.

Smoking is not permitted near fields, dugouts, and fences.

If at any time you sense a mysterious individual whom you are concerned about harming our youth please do not hesitate to call 911.

Concession Stand Safety Procedures

Concession Stand Policy Oconee County Little League 2023

1. Concession stands are operated by the OCPRD.
2. Adult supervision must be in effect at all times. No one under the age of 15 will be allowed to work in a concession stand.
3. Only adults are allowed to operate or be near the grill.
4. Outdoor grills will be placed in an area away from spectators. Fire extinguishers should be available and workers trained in use.
5. All volunteers will wash their hands on a regular basis using soap and warm water. Only HEALTHY workers should prepare and serve food.
6. Un-wrapped food must be handled with paper towels or plastic wrap.
7. No glass containers will be sold at the concession stand.
8. Everything must be cleaned up and put away at the end of shift.
9. A complete first aid kit will be kept in the concession stand.
10. A list of emergency phone numbers will be posted in the concession stand.
11. The Health Certificate will be posted at all times.
12. OCLL is a Smoke-Free Environment.

Rapidly reheating potentially hazardous foods to 165 degrees F.

Do not attempt to reheat foods in Crock-pot, steam tables or other holding devices. This could activate bacteria and never reach the temperatures needed to kill the bacteria.

Injury Reporting

When An Injury Occurs

The Manager/Coach should assist the parent of the injured player, with completing Part 1 of the Little League Accident Notification Form. This form should be sent to the League Safety Officer within 24-48 hrs. of the accident.

The Safety Officer will complete Part 2 of the form and send a copy to Little League International.

An Injury Tracking Form will be completed by the Safety Officer and sent to LLI Headquarters and a copy will be kept on file for follow-up.

Little League Insurance

WHAT PARENTS SHOULD KNOW ABOUT LITTLE LEAGUE® INSURANCE

The Little League Insurance Program is designed to afford protection to all participants at the most economical cost

to the local league. The Little League Player Accident Policy is an excess coverage, accident only plan, to be used as a supplement to other insurance carried under a family policy or insurance **provided by parent's employer. If there is**

no primary coverage, Little League insurance will provide benefits for eligible charges, up to Usual and Customary allowances for your area, after a \$50.00 deductible per claim, up to the maximum stated benefits.

This plan makes it possible to offer exceptional, affordable protection with assurance to parents that adequate coverage is in force for all chartered and insured Little League approved programs and events.

If your child sustains a covered injury while taking part in a scheduled Little League Baseball or Softball game or practice, here is how the insurance works:

1. The Little League Baseball and Softball accident notification form must be completed by parents (if the claimant is under 19 years of age) and a league official and forwarded directly to Little League Headquarters within 20 days

- after the accident. A photocopy of the form should be made and kept by the parent/claimant. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills, including description of service, date of service, procedure and diagnosis codes for medical services/ supplies and/or other documentation related to a claim for benefits are to be provided within 90 days after the accident. In no event shall such proof be furnished later than 12 months from the date the initial medical expense was incurred.
 3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/ Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
 4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
 5. Limited deferred medical/dental benefits may be available for necessary treatment after the 52-week time limit when:
 - (a) Deferred medical benefits apply when necessary treatment requiring the removal of a pin /plate, applied to transfix a bone in the year of injury, or scar tissue removal, after the 52-week time limit is required. The Company will pay the Reasonable Expense incurred, **subject to the Policy's maximum limit of \$100,000** for any one injury to any one Insured. However, in no event will any benefit be paid under this provision for any expenses incurred more than 24 months from the date the injury was sustained.
 - (b) If the Insured incurs Injury, to sound, natural teeth and Necessary Treatment requires treatment for that Injury be postponed to a date more than 52 weeks after the injury due to, but not limited to, the physiological changes of a growing child, the Company will pay the lesser of: 1. A maximum of \$ 1,500 or 2. Reasonable Expenses incurred for the deferred dental treatment.Reasonable Expenses incurred for deferred dental treatment are only covered if they are incurred on or before the

Insured's 23rd birthday. Reasonable Expenses incurred for deferred root canal therapy are only covered if they are incurred within 104 weeks after the date the Injury occurs.

No payment will be made for deferred treatment unless the Physician submits written certification, within 52 weeks after the accident, that the treatment must be postponed for the above stated reasons.

Benefits are payable subject to the Excess Coverage and the Exclusions provisions of the Policy.

We hope this brief summary has been helpful in a better understanding of an important aspect of the operation of the Little League endorsed insurance program.

Making a Claim

If an injury is serious enough to seek a Medical Professional, there may be a need for additional insurance coverage.

To file a claim with the Little League Insurance, a General Liability Claim form must be completed by the parent of the injured player in the presence of the League Safety Officer.

First-Aid Kits and Supplies

First-Aid Kits

A first aid kit and first aid supplies are located in the concession stand. In addition, **each coach is issued with the team's equipment bag a first aid kit. If supplies are** depleted during the season, contact the Safety Officer for replacements.

Forms to Copy and Use



Little League Baseball and Softball MEDICAL RELEASE



NOTE: To be carried by any Regular Season or Tournament Team Manager together with team roster or International Tournament affidavit.

Player: _____ Date of Birth: _____ Gender (M/F): _____

Parent (s)/Guardian Name: _____ Relationship: _____

Parent (s)/Guardian Name: _____ Relationship: _____

Player's Address: _____ City: _____ State/Country: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

PARENT OR LEGAL GUARDIAN AUTHORIZATION: Email: _____

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Family Physician: _____ Phone: _____

Address: _____ City: _____ State/Country: _____

Hospital Preference: _____

Parent Insurance Co: _____ Policy No.: _____ Group ID#: _____

League Insurance Co: _____ Policy No.: _____ League/Group ID#: _____

If parent(s)/legal guardian cannot be reached in case of emergency, contact:

Name	Phone	Relationship to Player
_____	_____	_____
Name	Phone	Relationship to Player
_____	_____	_____

Please list any allergies/medical problems, including those requiring maintenance medication. (i.e. Diabetic, Asthma, Seizure Disorder)

Medical Diagnosis	Medication	Dosage	Frequency of Dosage

Date of last Tetanus Toxoid Booster: _____

The purpose of the above listed information is to ensure that medical personnel have details of any medical problem which may interfere with or alter treatment.

Mr./Mrs./Ms. _____
Authorized Parent/Guardian Signature Date: _____

FOR LEAGUE USE ONLY:

League Name: _____ League ID: _____

Division: _____ Team: _____ Date: _____

WARNING: PROTECTIVE EQUIPMENT CANNOT PREVENT ALL INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN BASEBALL/SOFTBALL.
Little League does not limit participation in its activities on the basis of disability, race, color, creed, national origin, gender, sexual preference or religious preference.



**LITTLE LEAGUE® BASEBALL AND SOFTBALL
ACCIDENT NOTIFICATION FORM
INSTRUCTIONS**

Send Completed Form To:
Little League, International
539 US Route 15 Hwy, PO Box 3485
Williamsport PA 17701-0485
Accident Claim Contact Numbers:
Phone: 570-327-1674

Accident & Health (U.S.)

1. This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/dental treatment must be rendered within 30 days of the Little League accident.
2. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
5. **Limited** deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.
6. Accident Claim Form must be fully completed - including Social Security Number (SSN) - for processing.

League Name			League I.D.		
Name of Injured Person/Claimant			SSN	Date of Birth (MM/DD/YY)	Age
					Sex <input type="checkbox"/> Female <input type="checkbox"/> Male
Name of Parent/Guardian, if Claimant is a Minor			Home Phone (Inc. Area Code)	Bus. Phone (Inc. Area Code)	
			() ()	() ()	
Address of Claimant			Address of Parent/Guardian, if different		

The Little League Master Accident Policy provides benefits in **excess** of benefits from other insurance programs subject to a \$50 deductible per injury. "Other insurance programs" include family's personal insurance, student insurance through a school or insurance through an employer for employees and family members. Please CHECK the appropriate boxes below. If YES, follow instruction 3 above.

Does the insured Person/Parent/Guardian have any insurance through:

Employer Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No
Individual Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No	Dental Plan	<input type="checkbox"/> Yes <input type="checkbox"/> No

Date of Accident	Time of Accident	Type of Injury
	<input type="checkbox"/> AM <input type="checkbox"/> PM	

Describe exactly how accident happened, including playing position at the time of accident:

Check all applicable responses in **each** column:

- | | | | | |
|---|---|---|---|---|
| <input type="checkbox"/> BASEBALL | <input type="checkbox"/> CHALLENGER (4-18) | <input type="checkbox"/> PLAYER | <input type="checkbox"/> TRYOUTS | <input type="checkbox"/> SPECIAL EVENT (NOT GAMES) |
| <input type="checkbox"/> SOFTBALL | <input type="checkbox"/> T-BALL (4-7) | <input type="checkbox"/> MANAGER, COACH | <input type="checkbox"/> PRACTICE | <input type="checkbox"/> SPECIAL GAME(S) (Submit a copy of your approval from Little League Incorporated) |
| <input type="checkbox"/> CHALLENGER | <input type="checkbox"/> MINOR (6-12) | <input type="checkbox"/> VOLUNTEER UMPIRE | <input type="checkbox"/> SCHEDULED GAME | |
| <input type="checkbox"/> TAD (2ND SEASON) | <input type="checkbox"/> LITTLE LEAGUE (9-12) | <input type="checkbox"/> PLAYER AGENT | <input type="checkbox"/> TRAVEL TO | |
| | <input type="checkbox"/> INTERMEDIATE (50/70) (11-13) | <input type="checkbox"/> OFFICIAL SCOREKEEPER | <input type="checkbox"/> TRAVEL FROM | |
| | <input type="checkbox"/> JUNIOR (12-14) | <input type="checkbox"/> SAFETY OFFICER | <input type="checkbox"/> TOURNAMENT | |
| | <input type="checkbox"/> SENIOR (13-16) | <input type="checkbox"/> VOLUNTEER WORKER | <input type="checkbox"/> OTHER (Describe) | |

I hereby certify that I have read the answers to all parts of this form and to the best of my knowledge and belief the information contained is complete and correct as herein given.

I understand that it is a crime for any person to intentionally attempt to defraud or knowingly facilitate a fraud against an insurer by submitting an application or filing a claim containing a false or deceptive statement(s). See Remarks section on reverse side of form.

I hereby authorize any physician, hospital or other medically related facility, insurance company or other organization, institution or person that has any records or knowledge of me, and/or the above named claimant, or our health, to disclose, whenever requested to do so by Little League and/or National Union Fire Insurance Company of Pittsburgh, Pa. A photostatic copy of this authorization shall be considered as effective and valid as the original.

Date	Claimant/Parent/Guardian Signature (In a two parent household, both parents must sign this form.)
Date	Claimant/Parent/Guardian Signature

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)

Name of League	Name of Injured Person/Claimant	League I.D. Number
Name of League Official		Position in League
Address of League Official		Telephone Numbers (Inc. Area Codes) Residence: () Business: () Fax: ()

Were you a witness to the accident? Yes No
Provide names and addresses of any known witnesses to the reported accident.

Check the boxes for all appropriate items below. At least one item in each column must be selected.

POSITION WHEN INJURED	INJURY	PART OF BODY	CAUSE OF INJURY
<input type="checkbox"/> 01 1ST	<input type="checkbox"/> 01 ABRASION	<input type="checkbox"/> 01 ABDOMEN	<input type="checkbox"/> 01 BATTED BALL
<input type="checkbox"/> 02 2ND	<input type="checkbox"/> 02 BITES	<input type="checkbox"/> 02 ANKLE	<input type="checkbox"/> 02 BATTING
<input type="checkbox"/> 03 3RD	<input type="checkbox"/> 03 CONCUSSION	<input type="checkbox"/> 03 ARM	<input type="checkbox"/> 03 CATCHING
<input type="checkbox"/> 04 BATTER	<input type="checkbox"/> 04 CONTUSION	<input type="checkbox"/> 04 BACK	<input type="checkbox"/> 04 COLLIDING
<input type="checkbox"/> 05 BENCH	<input type="checkbox"/> 05 DENTAL	<input type="checkbox"/> 05 CHEST	<input type="checkbox"/> 05 COLLIDING WITH FENCE
<input type="checkbox"/> 06 BULLPEN	<input type="checkbox"/> 06 DISLOCATION	<input type="checkbox"/> 06 EAR	<input type="checkbox"/> 06 FALLING
<input type="checkbox"/> 07 CATCHER	<input type="checkbox"/> 07 DISMEMBERMENT	<input type="checkbox"/> 07 ELBOW	<input type="checkbox"/> 07 HIT BY BAT
<input type="checkbox"/> 08 COACH	<input type="checkbox"/> 08 EPIPHYSES	<input type="checkbox"/> 08 EYE	<input type="checkbox"/> 08 HORSEPLAY
<input type="checkbox"/> 09 COACHING BOX	<input type="checkbox"/> 09 FATALITY	<input type="checkbox"/> 09 FACE	<input type="checkbox"/> 09 PITCHED BALL
<input type="checkbox"/> 10 DUGOUT	<input type="checkbox"/> 10 FRACTURE	<input type="checkbox"/> 10 FATALITY	<input type="checkbox"/> 10 RUNNING
<input type="checkbox"/> 11 MANAGER	<input type="checkbox"/> 11 HEMATOMA	<input type="checkbox"/> 11 FOOT	<input type="checkbox"/> 11 SHARP OBJECT
<input type="checkbox"/> 12 ON DECK	<input type="checkbox"/> 12 HEMORRHAGE	<input type="checkbox"/> 12 HAND	<input type="checkbox"/> 12 SLIDING
<input type="checkbox"/> 13 OUTFIELD	<input type="checkbox"/> 13 LACERATION	<input type="checkbox"/> 13 HEAD	<input type="checkbox"/> 13 TAGGING
<input type="checkbox"/> 14 PITCHER	<input type="checkbox"/> 14 PUNCTURE	<input type="checkbox"/> 14 HIP	<input type="checkbox"/> 14 THROWING
<input type="checkbox"/> 15 RUNNER	<input type="checkbox"/> 15 RUPTURE	<input type="checkbox"/> 15 KNEE	<input type="checkbox"/> 15 THROWN BALL
<input type="checkbox"/> 16 SCOREKEEPER	<input type="checkbox"/> 16 SPRAIN	<input type="checkbox"/> 16 LEG	<input type="checkbox"/> 16 OTHER
<input type="checkbox"/> 17 SHORTSTOP	<input type="checkbox"/> 17 SUNSTROKE	<input type="checkbox"/> 17 LIPS	<input type="checkbox"/> 17 UNKNOWN
<input type="checkbox"/> 18 TO/FROM GAME	<input type="checkbox"/> 18 OTHER	<input type="checkbox"/> 18 MOUTH	
<input type="checkbox"/> 19 UMPIRE	<input type="checkbox"/> 19 UNKNOWN	<input type="checkbox"/> 19 NECK	
<input type="checkbox"/> 20 OTHER	<input type="checkbox"/> 20 PARALYSIS/ PARAPLEGIC	<input type="checkbox"/> 20 NOSE	
<input type="checkbox"/> 21 UNKNOWN		<input type="checkbox"/> 21 SHOULDER	
<input type="checkbox"/> 22 WARMING UP		<input type="checkbox"/> 22 SIDE	
		<input type="checkbox"/> 23 TEETH	
		<input type="checkbox"/> 24 TESTICLE	
		<input type="checkbox"/> 25 WRIST	
		<input type="checkbox"/> 26 UNKNOWN	
		<input type="checkbox"/> 27 FINGER	

Does your league use batting helmets with attached face guards? YES NO
If YES, are they Mandatory or Optional At what levels are they used?

I hereby certify that the above named claimant was injured while covered by the Little League Baseball Accident Insurance Policy at the time of the reported accident. I also certify that the information contained in the Claimant's Notification is true and correct as stated, to the best of my knowledge.

Date	League Official Signature
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OCLL COVID-19 PROTOCOLS

The safety and well-being of all our families, friends, and participants is always paramount, and today, is more important than ever. The following protocols provide guidelines for minimizing risk while still allowing our players to participate and compete in baseball and softball. We cannot guarantee adherence by all participants at all times. Families should make their own choices on participation and in the best interest of their family and players.

Oconee County Parks and Recreation Department (OCPRD) protocols

As a user group of OCPRD, OCLL will adhere to OCPRD Covid protocols. These can be found in the OCPRD document “COVID-19 PROGRAM PROTOCOLS AND BEST PRACTICES” and found at oconeecounty.com.

OCLL Protocols

Player Equipment

- Players should have their own batter’s helmet, glove, bat, and catcher’s equipment.
- Initially, teams will be provided with one set of catcher’s equipment as many catchers have their own catcher’s gear. A coach may request additional sets of catcher’s gear and OCLL will provide them
- Player’s equipment should only be used by that player – no sharing of equipment

Drinks and Snacks

- Players, coaches and umpires should bring their own drinks to all team activities
- Drinks should be labeled with the person’s name
- There should be no use of shared or team beverages

Scheduling

- Practice and game times will be scheduled to accommodate adequate spacing between events to minimize contact between arriving and leaving groups
- Players/coaches/spectators should vacate the field/facility as soon as is reasonably possible after the conclusion of their practice/game in order to minimize unnecessary contact with individuals from the next practice/game

Personal Protective Equipment

- Teams may “extend” the dugout and use the bleachers as additional space for players during games.
- OCLL will provide each player with a face covering as requested. Players may also use their own face covering.

Rosters

- Target team size will be 12 players

Spectators

- Stay six feet away from individuals outside their household
- Bring their own seating/portable chairs when possible

Final note – one of the best protections for our players and families is for parents to keep players and family members home if showing any symptoms related to COVID-19. If anyone has a fever, cough or has been in close contact with an individual testing positive for COVID, please keep them at home.